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## *Training Seminar & Grading*

*July 1st & 2nd 2017*

*led by Henry Lynch 6th Dan*

*Please join us at our Mitcham Dojo for great training and a grading - followed later by an evening out at a local restaurant*

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## *Registration*

*Please email Steve West at  
[mitchamaikido.com.au](mailto:mitchamaikido.com.au) or telephone*

*(code 00613) then 0450160507*

*or see the Riai training calendar for details*

*[mitchamaikido.com](http://mitchamaikido.com)*