



www.aikido.org.nz

Riai Aikido is pleased to announce



O Sensei Revisited Down Under Workshop With Shihan Robert Nadeau, 8th Dan

Shihan Robert Nadeau, 8th Dan, has trained and influenced several generations of Aikido teachers in America, Europe, NZ, Russia and Israel. In the 1960's he studied as a personal student of Aikido founder Morihei Ueshiba (O Sensei), receiving personal instruction from O Sensei in the spiritual, philosophical and energy aspects of Aikido.

"The inner work of O Sensei should not be lost" says Shihan Robert Nadeau – **Experience 'The O Sensei Process of Development'** shared by Shihan Nadeau, through direct practice, techniques and discussion at this *Riai Aikido O Sensei Revisited Down Under Workshop*.

Shihan Nadeau's approach is to give students something applicable to daily life and to aid in self-transformation. He is currently ranked 8th Dan and was awarded the title of Shihan by Moriteru Ueshiba, grandson of the founder of Aikido, O Sensei.

When:

Friday 17 th November	10am – 4pm	Friday is limited to 30 participants only so you need to be QUICK TO REGISTER
Saturday 18 th November	10am – 4pm	(followed with Workshop dinner at 7pm)
Sunday 19 th November	10am – 2pm	

Where: Friday: Riai Aikido Learning Centre Dojo, 38 Monmouth Street, Grey Lynn, Auckland
Saturday & Sunday, Michael Park Rudolf Steiner School, 55 Amy Street, Ellerslie, Auckland

Cost: **Earlybird \$255** (full workshop) if registered and paid by 15th October
OR \$295 (full workshop) if registered and paid after 15th October

\$140.00 Friday \$140.00 Saturday \$95.00 Sunday

Afternoon teas are included. Cafes are close by or bring your own lunch

Registration: Please complete the attached registration form to secure your place.

Enquiries to Sensei Danny McIntyre 021 593 067 or email danny@plasteroptions.co.nz



Registration Form: Shihan Robert Nadeau O Sensei Revisited Down Under Workshop

Please select your registration option(s) by ticking the appropriate box:

REGISTRATION OPTIONS	Please tick the box
Full workshop registration – Earlybird – Registered and paid by 15 th October 2017 Includes Friday 17 th 10am-4pm, Saturday 18 th 10am-4pm, Sunday 19 th 10am-2pm	NZ\$255 <input type="checkbox"/>
Full workshop registration – Registered and paid after 15th October 2017	NZ\$295 <input type="checkbox"/>
Friday 17 th November –10am–4pm- Friday is limited to 30 participants only	NZ\$140 <input type="checkbox"/>
Saturday 18 th November – 10am – 4pm	NZ\$140 <input type="checkbox"/>
Sunday 19 th November – 10am – 2pm	NZ\$95 <input type="checkbox"/>

Please note: Saturday night's workshop dinner is not included in the above registration costs.

Indicate payment amount and if you are attending the Saturday Workshop Dinner

- I have deposited NZ\$_____ into account: 03-0104-0738106-00
(Please include your name in the reference field)
- I am attending the Saturday night workshop dinner with Shihan Nadeau
at Carmen Jones Restaurant, 238 Karangahape Road, Auckland Central at 7:00pm.

Note: Please specify the number of people attending the dinner with you: _____

Name: _____

Email: _____

Mobile: _____

Home Dojo: _____

Please email this registration form to: learningcentre.info@aikido.org.nz